

# Byron Clinic

Professional Development Program

2009 Motivational Interviewing Workshop

## Working with Client Resistance

Friday 19 and Saturday 20 June 2009

Byron Bay Community & Cultural Center

Places are limited and will be booked  
on a first come first served basis

*'People are generally better persuaded by reasons which they themselves discover, than those which have come into their mind by others' - Blaise Pascal Pensees (1670)*

### Essential for Health Care Professionals

Psychologists, social workers, doctors, nurses alike  
keep up to date with current and emerging trends  
work more effectively & improve treatment outcome

[www.byronclinic.com.au](http://www.byronclinic.com.au)

Byron Clinic Pty Ltd P. O. Box 2088 Byron Bay  
ABN 24 050 754 473

# Byron Clinic

Byron Bay

## 2009 Motivational Interviewing workshop

# Working with Client Resistance

*People are generally better persuaded by reasons which they themselves discover, than those which have come into their mind by others - Blaise Pascal Pensees (1670)*

## Essential for Health Care Professionals

Psychologists, Social Workers, Doctors, Nurses, Psychiatrists,  
Dieticians, Nutritionists, Physiotherapists

Attend on a single day or both days

Friday 19 and Saturday 20 June 2009

Byron Bay Community & Cultural Centre

Certificates of attendance at this Professional Development activity will be available on completion  
Psychologists can accrue 12 PD points - AASW members can accrue 12 CPE points (Skills Development)

# Byron Clinic - Byron Bay

## 2009 Motivational Interviewing workshop Working with Resistance

Friday 19 and Saturday 20 June 2009

**This evidence based, hands on, two day workshop** - is directed at Health Care Professionals who wish to keep up to date with current trends, and work more effectively with their clients and improve treatment outcome.

### Learning

**Participants will investigate the forms and purpose of resistance.** Resolving resistance is integral to successful treatment. Understanding resistance offers the health care professional an opportunity to take another perspective, to express empathy, and to remain non-judgmental and non-confrontational, thus encouraging the client to remain open and involved.

**Participants will develop effective Motivational Interviewing skills.** The emphasis is on working with client resistance/resolving ambivalence. Integration of skills specific to participants work environments will be addressed. Some knowledge of Motivational Interviewing required - workshop readings will bring you up to speed and will be available on completion of registration.

### Presenters

**Dr Joel Porter - International Motivational Interviewing Trainer** ( Europe, USA Asia and Pacific regions). Joel brings cutting edge developments and over 20yrs clinical experience. Joel sits on the Board of Directors for the Motivational Interviewing Network of Trainers. Joels' history is with community and residential addiction & mental health treatment programs along with integration of Motivational Interviewing in areas of diabetes, obesity, gambling, diet and exercise compliance.

**Dr Hermann Neukirch - is a clinical psychologist with** extensive training, clinical and management experience. Hermann has worked in both public mental health & drug and alcohol services as well as private practice. Hermann currently works as a clinical psychologist for the North Coast Area Health Service and in private practice.

### Cost and Registration

**\$220 single day/\$395 two days training fee, includes morning and afternoon refreshments.** The venue is located in Byron Bay (in town) with access to many exciting healthy lunch experiences for you to explore and enjoy.

**Registration and Enquiries** Places are limited and will be booked on a first come first served basis. Please complete the 2009 Motivational Interviewing workshop 'Working with Resistance' registration form at [www.byronclinic.com.au](http://www.byronclinic.com.au) Payment details are on the 'registration form' link. Preferred methods of payment include electronic funds transfer, or cheque to Byron Clinic Pty Ltd, P. O Box 2088, Byron Bay, NSW, 2481, Australia. Byron Clinic Pty Ltd reserves the right to make any changes to the above workshop without notice.